

HOPKINS  
LADY VIKINGS SOCCER PROGRAM  
TEAM POLICIES, PROCEDURES AND EXPECTATIONS

***"I am a member of a team, and I rely on the team, I defer to it and sacrifice for it, because the team, not the individual, is the ultimate champion." Mia Hamm***

**MISSION STATEMENT: TO DEVELOP AND BUILD QUALITY YOUNG WOMEN THAT WILL DEMONSTRATE THE FOLLOWING CORE VALUES: THE WILL TO SUCCEED & OVERCOME ADVERSITY, CULTIVATE A POSITIVE ATMOSPHERE FOR THE TEAM, TO HAVE INTEGRITY, TO BE ACCOUNTABLE, TO SERVE & INSPIRE OTHERS, AND TO REPRESENT HOPKINS PUBLIC SCHOOLS AT THE HIGHEST LEVELS.**

1. **TIME COMMITMENT & ATTENDANCE**

- a. **Practices:** Players may be excused from a normal practice for a graded school activity, illness, funeral, church, or pre-approved activity. Absences should be approved in advance. If a player is ill, the coach should be notified. Injured players are expected to still attend and observe practice, unless otherwise discussed. Multiple excused absences may result in loss of playing time. Unapproved absences include work, vacations, or social activities. Unexcused absences will result in loss of playing time determined by the coaches.
- b. **Practice day before a game:** If a player must miss the practice before a game for a school-related reason that they are being graded for, the player will be unable to start the next game but will not be otherwise penalized. For the first missed practice before a game which has been approved (illness, injury treatment, church, or other), the player may not be able to start or play in the first half of the next game. Multiple approved absences may result in larger penalties. The first unapproved absence the day before a game (social, or school/team discipline) will result in sitting out a minimum of one game. The player is still expected to report to the game with the team.
- c. **Games:** Players may only be excused from a game for a school graded activity, a funeral or by coach approved exception. All absences should be approved in advance. Injured players must still travel with the team and observe the game with their teammates, dressed in jersey and warm up pants, no street clothes. All unapproved absences will result in loss of playing time in future games. Varsity & JV players must support each other at all games.
- d. **Off season training:** Off season training is not mandatory, but highly recommended, however, players are expected to update their availability. **Future goal will include mandatory technical training for varsity players.**

2. **ON & OFF THE FIELD BEHAVIOR**

- a. Our players will take their position as role models very seriously. Our soccer players will be expected to conduct themselves in a class manner on and off the field. No taunting and inappropriate behavior will be

allowed on the field. OFF the field we expect that our players will be leaders and represent our soccer program to the best of their ability.

- b. **Yellow card offenses:** Receiving a yellow card for dissent, foul language, or retaliation will not be tolerated, and will result in loss of playing time. Players receiving a yellow card for any other offense may be penalized for that offense. Punishment, if merited, will be determined on a case by case situation and at the coach's discretion.
- c. **Red card offenses:** Players receiving a red card will be penalized for that offense. Punishment will be determined on a case by case situation and at the coaches and athletic directors' discretion.
- d. **Game attire:** All players must be in full uniform, including injured players (no street clothing will be allowed).
- e. **Academics:** Each player will hold a minimum of a 2.0 GPA, according to the Hopkins Athletic handbook.

### 3. UNIFORM & EQUIPMENT

- a. Per the HHS Student & Parent Handbook Sec 9, Equipment. Student athletes are responsible for the proper care and security of uniforms and equipment issued to them. School furnished uniforms and equipment may only be used for practice or contests unless expressly approved by the coach to be used at another time. The student athlete has a financial obligation for any loss or damage of equipment. Parents will be notified by the coach and the athletic department of any charges at the end of each season. All financial obligations for school equipment must be fully paid to the school before the athlete may begin another sport.
- b. Your athlete will be given a uniform kit consisting of 2 jerseys (white & blue), along with 1 pair of shorts. Equipment received will be one soccer equipment bag and parka will be issued prior to each game (if needed). The items will be returned cleaned at the end of the season. IF ANY OF THE ISSUED ITEMS ARE NOT RETURNED OR RETURNED DAMAGED, PARENTS WILL BE FINANCIALLY RESPONSIBLE FOR THE REPLACEMENT.
- c. **Launder care: Due to our new vendor, our uniform kits will need to be washed in cold water and line dried - please do not put them in the dryer. This could result in financial obligation should we need to replace due to inappropriate care.**
- d. Varsity and JV players will be required to purchase team hoodie/sweatshirt as part of their uniform - this will be their own property, but must be worn during the season. MS team is highly recommended but not mandatory.
- e. Senior portraits: For players wanting to use their uniform for their senior portraits, you may check out your uniform for a duration of 7 days.

### 4. PARENT INVOLVEMENT

- a. To follow all rules written in the Hopkins Parent-Student athlete handout. Please, do not coach your child during games, give only positive encouragement. Be respectful at all times, please refrain from foul language and/or rude noises will not be tolerated. If you have any questions please feel free to ask one of the coaches after practice or email. Please wait at least 24 hours after games to contact coaches.

- b. At least one parent will need to sign up for one rotation of concession stand (can be completed in another sports season), one rotation of scoreboard and one rotation of admission taking duties for any middle school, JV and/or varsity home game.
- c. Provide continued positive support to your daughter and the players on the team, as well as coaching staff.

5. FUNDRAISING EFFORTS

- a. Fundraising efforts are needed to continue the growth of the players and our program. The funding will go towards off season training, training equipment, etc.
- b. All players and their parents should take an active part in these efforts.

We understand, accept, and agree to the following Lady Vikings Soccer Programs' team policies, procedures and expectations:

\_\_\_\_\_  
PLAYER NAME (PRINT)

\_\_\_\_\_  
PLAYER'S SIGNATURE

\_\_\_\_\_  
PARENT/GUARDIAN NAME (PRINT)

\_\_\_\_\_  
PARENT/GUARDIAN SIGNATURE

\_\_\_\_\_  
DATE